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| Addiction  <https://www.wearewithyou.org.uk/local-hubs/cornwall> |

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| Bereavement  <https://www.cruse.org.uk/>  <https://penhaligonsfriends.org.uk/> |

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| Financial including Housing  Benefit support  <https://www.cornwall.gov.uk/benefits-and-support/>  Benefits, debit, consumer issues, work, housing, family, health, immigration  <https://citizensadvicecornwall.org.uk/>  Food Bank  <https://www.cornwall.gov.uk/people-and-communities/support-for-residents-struggling-with-the-cost-of-living/find-out-where-to-get-help-with-food/>  Cost of Living Crisis  <https://www.cornwall.gov.uk/people-and-communities/support-for-residents-struggling-with-the-cost-of-living/>  Housing  <https://www.cornwallhousing.org.uk/> |
| School transport  <https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-and-post-16-travel/home-to-school-travel-assistance/> |

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| Family Support  Early Help Hub  <https://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/>  Early Help aims to ensure that services to support children, young people and their parents are there when they need them. Early Help can help parents access a Family support Worker and can help direct families to the support that they feel would benefit the child or family   * Supporting Change in Partnership (SCIP) * Early Support - Team Around the Child (TAC) (professional request only) * [Early Years Service](https://www.cornwall.gov.uk/schools-and-education/pre-school-and-early-years/early-years-service/) * Family Support * [Health visiting](https://www.cornwall.gov.uk/health-and-social-care/childrens-services/health-visiting-and-school-nursing/health-visiting/) * [Portage](https://www.cornwall.gov.uk/health-and-social-care/children-and-young-people-with-disabilities/portage/) * [School nursing](https://www.cornwall.gov.uk/health-and-social-care/childrens-services/health-visiting-and-school-nursing/school-nursing/) * Targeted Youth Support * [Video Interactive Guidance](https://www.cornwall.gov.uk/schools-and-education/special-educational-needs/send-support-services/educational-psychology/video-interaction-guidance/) (professional request only)   Family Information Service  Information, advice and support for families in Cornwall and professionals that can work alongside them. Website includes links to services supporting families within Cornwall and links to access parenting programmes to help with family life. Their website is: <https://www.supportincornwall.org.uk> |

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| Pregnancy Support  <https://www.nct.org.uk/> An agency whose purpose is to provide support and evidence-based information in pregnancy, birth and early days of parenthood:  <https://www.sands.org.uk/> Sands stands for stillbirth and neonatal death charity. It offers support for anyone affected by the death of a baby |

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| Single parent support  <https://www.gingerbread.org.uk/> |

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| Mental Health  <https://www.cornwallft.nhs.uk/talking-therapies/>  Samaritans Offer a safe place to talk through any concerns, worries or troubles. For free non judgmental and confidential help and support call 116 123  <https://www.childline.org.uk/>  <https://www.youngminds.org.uk/>  <https://cornwallmind.org/urgent-help/>  <https://giveusashout.org/>  A supportive community fosters respect, understanding and shared goals, making it easier to navigate life’s challenges and can help boost our wellbeing.  Get tips on how you can build positive communities and build connection with others |

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| Domestic abuse support  <https://saferfutures.org.uk/>  <https://www.firstlight.org.uk/> |

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| Help and guidance if you are worried or concerned for the safety of a child.  MARU  <https://www.cornwall.gov.uk/health-and-social-care/childrens-services/child-protection-and-safeguarding/>  NSPCC  <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/> |

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| SEND  <https://www.cornwall.gov.uk/schools-and-education/special-educational-needs/send-support-services/>  <https://cornwallsendiass.org.uk/>  <https://parentcarerscornwall.org.uk/> |