



# PE and School Sport Action Plan

## Trewirgie Infant School

### P/O Truro and Penwith Academy Trust

### 2020-21

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2020/21	£17,760
Lead Member of Staff – Rachel Shaw	2020/21	Governor: Gerry Hulme
Total fund allocated -	£15,583.49	

**Key achievements to date: 20/21**

- Trained and incorporated new Arena PE scheme of work to improve consistency in the teaching of PE.
- Introduction of 2 laptops to provide music for dance and to be able to watch clips to support teaching of PE.
- Staff trained in wild tribe to teach the curriculum outside with confidence.
- Purchased resources to support the teaching of Wild Tribe across the school.
- Termly walk to school weeks sharing the benefits of physical activity, COVID walking challenge during the last lockdown.
- Plymouth Argyle upskilling year 2 teachers to teach Football.
- Go Active upskilling year 1 teachers to teach tennis.
- Introduction of FUN FIT DAYS to encourage children to make healthy choices and experience new sports.

**Areas for further improvement and baseline evidence of need:**

- To ensure there is continuity and progression in the delivery and teaching of PE curriculum across the school with lesson observations.
- To increase the number of children active for 30 active minutes.
- To improve the playground area to ensure it is engaging.
- To observe TA's encouraging playground activities to improve engagement in physical activity and improved behavior.
- To attend a 4 day subject leader award in In PE to upskill new PE subject leader.
- To introduce new clubs in football, scooterability and balanceability after school.
- 3 staff to attend the wild tribe 2 day practitioner award
- To continue to provide healthy active life style opportunities through sugar smart and health hearts and healthy minds
- To investigate using a participation monitoring tool to evidence the number of children taking part in competition and after school clubs
- To continue to use external providers to upskill staff in the delivery and school sport.

**school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children (INTENT)	Funding allocated	Evidence and Impact Pupil-Impact on pupils participation Impact on pupils attainment Any additional impact Whole School Improvement	Sustainability and next steps
To develop a timetable for all pupils to take part in 30 minutes of physical activity a day.	£497.00	i-moves purchased for the school for each teacher. Encouraging physical activity across all areas of the curriculum. Whole school now incorporate physical activity into their planning.	<b>Sustainability Next Steps</b> Ensure all teachers are using the imoves programme on a daily basis and all new staff are trained in September.
To develop and update forest school areas around the school to support and encourage children to take part in active learning.	£2248.22	50% increase in pupils now taking part in regular wild tribe activities fortnightly.	<b>Sustainability Next Steps</b> To develop a wild tribe programme across the school that enables skills progression.
Sugar Smart – Arena Package to support healthy eating and educate children to make healthy life style choices.	£1665 (Arena package)	Increased awareness of hidden sugars in food and drinks. 72 EYFS children are now better informed of the importance of healthy drinks.	<b>Next Steps</b> Ensure the new drinks policy is enforced and supported by all about only having water in water bottles at school. Milk is also available for children.
Develop a 30 minute timetable to include all activities which are delivered by playground leaders and teachers.	£0	COvid 19 has delayed this programme but the intention is that an	<b>Sustainability</b> School Active 30 minute timetable

		<p>Active Timetable will be successfully introduced which children will have supported in developing. Children ready to learn at the start of the day and after lunch as a result of the active 30 minutes.</p>	<p>to be created next academic year for all year groups to follow.</p> <p>Investigate gaining healthy schools accreditation.</p> <p>Investigate a health and well-being week for the children.</p>
<p>Wild Tribe resources, to support the teaching of children outdoors.</p>	<p>£749.96</p>	<p>Tools and equipment purchased to improve the teaching of outdoor learning.</p>	<p><b>Next Steps</b></p> <p>To continue to develop the outdoor learning provision at the school and further extend the use of tools linking to curriculum subjects.</p>
<p>Rubber hands and feet</p>	<p>£20</p>		
<p>Line markings of a 5 a small 5-a side football pitch put on the floor to support the teaching of the Arena SOW.</p>	<p>£765.00</p>	<p>Markings have been implemented and have improved the quality of teaching in the hall with clearly defined areas.</p>	<p><b>Sustainability</b></p> <p>Markings will ensure that there is a legacy of sustained improvement of pe and school sport provision.</p>
<p>A variety of Play equipment purchased to increase physical activity in play times and lunchtimes.</p>	<p>£2033.40</p>	<p>Equipment in place and being used on a regular basis with an increase in daily activity observed in all children.</p>	<p><b>Sustainability</b></p> <p>Equipment will remain as a legacy and will support the continued developed of regular physical activity.</p>

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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To raise standards in PE with the introduction of PE ICT to support children in understanding where they are in their learning through the use of video and book creator. This will then raise standards in PE. – 2 laptops to use on IWB and play music for dance.</p>	<p>£1275</p>	<p>These have been installed in both sports halls ready for teachers to use.</p>	<p><b>Next steps</b> To ensure digital resources for dance are in folders to support the teaching of PE using the Arena scheme of work. <b>Sustainability</b> Continue to up skill staff in the delivery of ICT in PE and cascade training to pupil literacy leaders.</p>
<p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p>	<p>Subject leader time</p>	<p>These are in place and they were starting to raise the profile of PE – Post Covid</p>	<p><b>Next Steps</b> Continue to find interesting and innovative ways of celebrating</p>

<p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport.</p>	<p><b>Resources</b></p>	<p>this development will continue.</p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>sports achievement.</p> <p>.</p> <p>Next Steps: To create a sporting achievement display board for children to celebrate their sporting achievements in and out of school.</p>
<p>Wild Tribe inset day for all teaching staff across the school to encourage outdoor learning on the school site.</p>	<p>£350</p>	<p>36 staff trained in the delivery of wild tribe to ensure that all classes are able to provide an outdoor curriculum.</p>	<p><b>Next Step:</b> To become an accredited Wild Tribe school. To train 3 further teachers in wild tribe – 2 day wild tribe practitioner award. To ensure there is a wild tribe teacher trained in each year group.</p>
<p>Helmets brought to encourage safe bike ability and introduce balance ability across the school</p>	<p>£280.00</p>	<p>A set of 25 helmets purchased to ensure the safety of children and to encourage the regular use of balance bikes and scooters.</p>	
<p>Introduce a scooter club</p>	<p>£519.00</p>	<p>Bikes purchased and access now available for all children to use the bikes on a regular basis and develop their fundamental skills.</p>	
<p>Circle line Easy rider bikes brought for SEN children to be included.</p>	<p>£599.96</p>		<p><b>Next steps</b> – to continue to develop the balanceability programme and ensure more staff are trained in the delivery of the programme.</p>

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>2 members of staff to attend Wild Tribe outdoor learning training to develop skills in the delivery of outdoor learning.</p>	<p>Course paid for in previous year £551.66 supply cover</p>	<p>Two members of staff trained in the delivery of outdoor learning to start to embed outdoor learning across the school.</p>	<p><b>Next Steps</b> Build into future curriculum plans outdoor learning. <b>Sustainability</b> Staff to deliver, refresh training during an insect. Staff to share good ideas during staff meetings.</p>
<p>National Curriculum outdoor books brought to support teaching and give ideas for teachers to teach outside.</p>	<p>£23.94</p>	<p>Books have been brought and shared at a staff meeting with staff. KS1 book given to KS1 lead to look after.</p>	<p>Next Steps: To share good practice with others during staff meeting. To make a resource bank of ideas for each year group in the school to use. To develop a broad curriculum coverage of a comprehensive high quality outdoor curriculum.</p>
<p>Subject Leader Award in PE to introduce Arena SOW and monitor PE across the school 4 day course.</p>	<p>£544.92 supply cover course paid for in previous year but due to covid</p>	<p>Children to better understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in</p>	<p><b>Next Steps</b> Continue to support the development of subject leadership whole school.  Continue to provide existing staff</p>

	<p>completed this year. Supply costs.</p>	<p>PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p> <p>Subject leader upskilled to lead PE across the school.</p>	<p>with the opportunity to be upskilled in PE and school sport.</p> <p><b>Sustainability</b> Opportunities created for PE knowledge to be shared whole school. Once a term knowledge sharing in PE. Subject leader to deliver one workshop per term to upskill staff on curriculum delivery.</p>
<p>1 Teacher enrolled in Learning through Movement and Play training,</p>	<p>£215.00</p>	<p>Subject lead to understand the importance of movement and understand the fundamentals to develop co ordinated and physical active children.</p>	<p><b>Next Step:</b> To share with Early years staff and TA's working with 1:1 ideas that children can access if need extra support during PE.</p>
<p>Plymouth Argyle, to support the teaching of football in year 2. To upskill the teachers.</p>	<p>£360.00</p>	<p>Teachers to share what they see and have greater confidence to teach football.</p>	<p>Next Steps: Year 2 teachers next year teach football to their class as part of curriculum PE.</p>
<p>Go Active, to support year 1 teachers in teaching tennis. To upskill teachers.</p>	<p>£600</p>	<p>Teachers to share what they see and have greater confidence to teach tennis.</p>	<p>Next Steps: Year 1 teachers next year teach football to their class.</p>
<p>Purchased Safe Practice in PE</p>	<p>£51.98</p>	<p>Purchase complete and this ensures the PE subject</p>	<p>Next Steps – to review risk assessments and ensure they meet</p>



		leader has access to the latest guidance on safe practice in PE and up to date Risk assessments.	the latest guidance in the delivery of Pe whole school.
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Purchased class set of pedometers to support daily mile and get children to improve weekly the distance travelled.	£45.00	Pedometers have been purchased. Staff are looking into the best way of using these to promote daily physical activity but this has been delayed due to Covid due to bubbles.	<b>Next Steps</b> For each class to keep a weekly record of distance each child travels. This should take place at least once per week.
Year 2 orienteering set	£153	Intended to introduce this in the autumn term – delayed due to Covid.	Acknowledging personal improvements. Daily mile certificates to be handed out during celebration assembly for distances travelled.
Hoodies and polo shirts brought for staff to wear during PE lessons and sporting events through the academic year.	£862.00	Hoodies have been purchased and wearing them. This has raised the	<b>Next Steps</b> To continue to raise the profile of PE across the school.

<p>Healthy Hearts and Healthy Minds day for year 2. Brought last year but due to Covid couldn't take place.</p>	<p>£0</p>	<p>profile of pea ross the school and ensured staff are suitably dressed for the teaching of PE.</p> <p>82 year 2's have taken part in a HHHM day. This has improved their knowledge and understanding of the importance of a healthy heart and a healthy mind. Children also developed strategies for coping in difficult situations to develop their mindfulness</p>	<p><b>Next Steps</b> – to continue to provide children with access to health related programmes and train staff to cascade these programmes in the development of their own workshops.</p>
<p>Wild Tribe taster sessions for year 1. Brought last year but couldn't take place because of COVID.</p>	<p>£0</p>	<p>79 Year 1 children took part in a wild tribe taster day. This developed their confidence in learning through the outdoors. This also provided staff with the opportunity to be upskilled in the teaching of outdoor learning.</p>	<p><b>Next Steps</b> – To continue to provide children and teachers with the opportunity to develop their skills in outdoor learning.</p>
<p>2 fun fit days delivered to the whole school</p>	<p>£1130</p>	<p>All children took part in x 2 funfit days. This provided</p>	<p><b>Next Steps</b> – To continue to provide children with a range of alternative activities and promote physical</p>

		the children with opportunities to try new sports out including archery and dodgeball . They all took part in healthy active lifestyle workshops.	activity through a range of experiences.
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**Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To compete in Cornwall Virtual Games. Children encouraged to compete in the games and submit their results for each of the challenge events.	£0	Working in partnership to increase participation and success in competition.	<b>Next Steps</b> Year on year increase of the number of children taking part in competition. We had a 20% increase in pupil participation.
To encourage activity during lockdown a walking challenge was set for all pupils. To walk to each class mine.	£26.00	Children went for walk for their daily exercise sending in photographs and their mileage. Certificates were e mailed out for every 10 miles.	30% increase in pupil participation in the walking challenge compared to only 20% of the school taking part in the Walk to School week during the Autumn term.
Each term a walking week has been completed where classes compete against each other to be the most active class.	£0	Children recorded how they arrived at school each morning. Every term the numbers increased with 50% of children in the summer term taking an active journey to school	<b>Sustainability</b> To continue encouraging the benefits of active travel to school each term. Monitor how many bikes and scooters are brought to school as new holders may need to be purchased.

<p>To investigate increasing the number of intra and inter events post Covid to ensure the children have access to competitive events to learn the importance of competition in developing life skills. This will also support transition into KS2 and improve links with the junior school through the use of year 6 leaders to run events.</p> <p>Sports Day stickers for all classes</p>	<p>£ 17.45</p>	<p>Purchased stickers for all children to celebrate their achievements in sports day competitions.</p>	<p><b>Next Steps:</b> Each class to continue to access their sports day.</p>
<p>Not Applicable for an infant school</p>			
<p><b>Meeting national curriculum requirements for swimming and water safety</b></p>			<p><b>Please complete all of the below:</b></p>
<p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p>			<p>%</p>



<p>What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</p>	<p>%</p>			
<p>What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</p>	<p>%</p>			
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?</p>				
<table border="1" style="width: 100%; background-color: #1a4d4d; color: #c8e6c9;"> <tr> <td data-bbox="40 767 752 893"> <p><b>Total funding - £17,760</b></p> </td> <td data-bbox="752 767 1469 893"> <p><b>Total funding allocated to date – £15,583.49</b></p> </td> <td data-bbox="1469 767 2190 893"> <p><b>Total funding to be allocated - £2176.51</b></p> </td> </tr> </table>		<p><b>Total funding - £17,760</b></p>	<p><b>Total funding allocated to date – £15,583.49</b></p>	<p><b>Total funding to be allocated - £2176.51</b></p>
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